

ULTIMATE PREPPER TRAINING – 2015 SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 am	Introduction to UPT	Breakfast provided <ul style="list-style-type: none"> Grain grinder oats, fruit, & herbal tea 	Breakfast provided <ul style="list-style-type: none"> Mountain man breakfast with Tom 	Breakfast provided <ul style="list-style-type: none"> Grain grinder wheat, eggs, & herbal tea 	Breakfast provided <ul style="list-style-type: none"> Grain grinder corn & French toast bake
9:00 am	Homesteading with Laura Fry <ul style="list-style-type: none"> Soap-making Rendering tallow Wild plants & medicinal salve Herbal preparations Grinder comparisons 	Wilderness Survival with Tom Laskowski <ul style="list-style-type: none"> Basic survival No-match fires Bow drill fires Fishing 101 with Glen Fish filleting 	Wilderness Survival with Tom Laskowski <ul style="list-style-type: none"> Shelters Traps Navigation Lost-proofing 	Homesteading with Laura & Tom <ul style="list-style-type: none"> Goat milking Animal husbandry Game cleaning Rabbit preparation Tallow candles 	Homesteading with Laura Fry Food preservation <ul style="list-style-type: none"> Jam-making Dehydration Beef jerky Sauerkraut & pickling Vinegar & winemaking Smoking & salt-curing
1:00 pm	Lunch – on your own	Lunch – on your own	Lunch – on your own	Lunch – on your own	Lunch – on your own
2:00 pm	Survival Medicine 101 with Doc Cindy Suturing & Minor Surgery <ul style="list-style-type: none"> Surgical knot-tying Basic suturing Wound stapling Minor surgery 	Survival Medicine 101 with Doc Cindy Splinting, casting, & meds <ul style="list-style-type: none"> Arm injuries & short-arm casting & splinting Leg splinting & casting Fractures you can treat on your own How to use OTC meds like prescription drugs 	Survival Medicine 101 with Doc Cindy Labs & Clinical Procedures <ul style="list-style-type: none"> Sore throats & strep tests Common ear problems Hearing & vision Urine testing & problems Anemia testing Hydration therapy 	Self-Reliant Living with Tom & Laura <ul style="list-style-type: none"> Cordage Mozzarella cheese and butter-making Year-round gardens 	Short Sessions 2:00 Bug-out bags and water purification 3:00 Antibiotics 3:30 Q & A
6:00 pm	Dinner provided <ul style="list-style-type: none"> Wild food feast with Glen Roth 	Dinner provided <ul style="list-style-type: none"> Fish fillets & chowder Fire-baked potatoes 	Dinner provided <ul style="list-style-type: none"> Freeze-dried/long-term storage meal 	Dinner provided <ul style="list-style-type: none"> Rabbit stew Garden salad 	4:30 Adjourn
7:00 pm	Campfire & Guest speaker <ul style="list-style-type: none"> Snack - Popcorn Wild Edibles with local expert Glen Roth More herbal remedies 	Campfire & Guest speaker <ul style="list-style-type: none"> Snack - Apple surprise Why to learn preparedness now with Jim Fry Q & A 	Campfire & Guest speaker <ul style="list-style-type: none"> Snack - Watermelon Midwifery & Home-birthing with midwife Nicole Oney EMP & Electronic Preparedness with Robert Hannah 	Campfire & Guest speaker <ul style="list-style-type: none"> Snack - S'mores Lessons Learned from 17 Major Disaster Zones with Eve Gonzales 	See you next year!